

Catarrh

COLD IN THE HEAD

relieved instantly by one application of

Birney's Catarrh Powder



Rev. PATRICK CLARKE, Secy. to the Rt. Rev. Bishop of Columbia, Ohio, writes:

Gentlemen:—I cannot say enough for your Powder. It has cured me of an annoying attack of catarrh which, building up, could have been a permanent one. All my friends to whom I recommended it, are quite enthusiastic over it. The good sisters speak most enthusiastically of their use of it in the hospital under their care. I will do anything to speak a good word for the remedy to help others who are suffering.

M. E. FERRARO, Custodian U. S. Appraiser's Store, Chicago, writes:

Gentlemen:—Being almost entirely deaf for a number of years past, and getting no relief from many so-called cures which I tried, was induced by a friend to try for Birney's Catarrh Powder for my deafness. I have received my hearing entirely, so that I can now hear a watch tick plainly, it being held in my ear. I have been a sufferer from deafness for many years, and have recommended its use to many of my friends and now say I have never heard of a case where it has failed to relieve.

FULL SIZE bottle of powder and Blower COMPLETE, 50c.

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Try Phillips' mineral water. It is considered the finest water for the stomach. 612 W. Eighth avenue. Try it.

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Billie—Yes, the best in town. At Whittier's.

Charlie—Where is that?

Billie—At Whittier's old stand, 730 Kansas avenue.

Peerless Steam Laundry 112 and 114 West 8th.

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112 and 114 West 8th, Peerless Steam Laundry.

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If we were asked the reason why "VIAT" performs such wonderful cures, we would be honest, and say, "We don't know." Ask a scientist why an apple invariably falls downward, and he would say it was due to the law of

Gravitation.

That is about all he could tell you. It is no more natural for bodies to gravitate toward the center of the earth than it is for "VIAT" to cure the diseases peculiar to women. It is not a drug, but a food, which nourishes and strengthens the affected parts, thereby enabling nature to throw off the disease. Our Health Book sent free.

KANSAS-VIAT CO., Topeka, Kas.



THE OLDEST DOLL.

It is Encased with Jewels and is in a Church at Rome.

Francella A. Hitchcock, in the Doll's Dressmaker, tells an interesting story of the famous Bambino di Ara Coeli, which is far older than our grandmothers or our great-grandmothers for many generations back. It is the oldest doll in the world, and, if tradition is true, almost as old as the Christian religion, for it is claimed to have been carved out of a tree from the Mount of Olives in the time of the apostles, and to have been painted by St. Luke.

However, be this true or not, it has been in the "Eternal City" many hun-



THE OLDEST DOLL.

dreds of years, and it is called the Ara Coeli Bambino (baby), because the church of that name, one of the oldest and most interesting in Rome, is its home.

This church is built on the site of a very ancient pagan temple, and its nave is formed of twenty-two columns, the spoils of the ancient buildings, the inscription on the third on the left proving it to have been brought from the palace of the Caesars.

I shall never forget the first day we visited this vast and solemnly picturesque edifice. It was just at sunset, and golden shafts of light illuminated the mosaic floor, lighted up the richly gilded ceiling above and flashed in wondrous brilliancy over the Presepio or manger, where lay the miraculous Bambino in swaddling clothes, literally crusted over with diamonds, emeralds, rubies, sapphires and other precious stones, while its neck and wrists were entirely covered with strings of the purest oriental pearls.

The whole of one of the side chapels is devoted to the representation of the birth of Christ. In the foreground is the Virgin Mary kneeling by the manger, with Joseph by her side, while just behind are a life-size ox and ass, and shepherds and kings kneel near in adoration.

DO NOT GROW OLD.

Hints to Ladies Whose Years May Soon Become a Burden.

In Paris elderly ladies are now wearing almost exclusively velvet dresses, trimmed with costly lace, disposed in basques, collars and sleeve sabots or frills, says the New York Tribune. This combination is extremely becoming and stately.

A woman is never old enough to neglect her appearance. Nothing can be more disagreeable to the sight than a neglected old lady.

Unfortunately, one often sees one with the hair dragged in the most uncompromising fashion away from the face, brushed close to the head and fastened under the cap in a little knot about the size of a walnut at the back, no further attempt at any arrangement of the coiffure being made; and this carelessness results in a dreadfully bald appearance, as the spaces between hair and ears and hair and neck are thereby rendered conspicuously prominent.

Moreover, many dear old dames fail to realize that at their time of life the neck should be as little exposed as possible, for it is only too frequently brown and wrinkled. It would be easy to dispose a little lace about it in order to conceal the scraggy neck revealed with too scrupulous honesty.

It may be added that women over forty should carefully avoid becoming too stout, a misfortune brought about generally by self-indulgence in the pleasures of the table, in afternoon naps, and in a lazy neglect of daily exercise.

Avoid candies. Never eat pastry or buttered toast. Prefer biscuits or dry toast to bread whenever possible. Drink as little as possible. Accustom yourself to taking tea or coffee without sugar. Never touch jam, and if you cannot do without butter spread it as sparingly as possible.

Lemonade, if made from fresh lemons, is good for the health, and tends to reduce flesh.

Growing old is always, of course, a little tragic, especially if a woman remain young and fresh in mind. But she need not grow fat, coarse and ruddy as well as old.



HATS FOR YOUNG GIRLS

This illustration shows the general style for school and everyday hats for young girls. Feathers and ribbons are the suitable trimmings, as flowers crush too easily. The toned and plain dark straws are the best styles, and the shapes are whatever is found most becoming, the hats being bent and fastened in any form.

THE NEW SUFFRAGE MOVEMENT.

It Is Called Conservative, While the Pioneer Movement Was Radicalism.

Within a few days a postal card reading thus has been sent to a large number of people in this city, both men and women:

A committee of ladies invite you and all the adult members of your household to call at Sherry's on any Saturday in April between 9 and 6 o'clock to sign a petition to strike out in our state constitution the word male as a qualification for voters. Circulars explaining the reasons for this request may be obtained at the same time and place.

Mrs. CHARLES RUSSELL LOWELL.
Mrs. JOSEPH H. CHOATE.
Dr. MARY PUTNAM JACOBI.
Mrs. J. WARREN GODDARD.
Mrs. ROBERT ANNE.
Mrs. HENRY M. SANDERS.
Miss ADELL M. FIELDS.

This circular has much significance because of the character of the ladies whose names are appended to it. So far as we know, none of them has taken part in the women's rights agitation of the last 40 years, and hitherto they have not been among those who were active in demanding the suffrage for women. The radical women's rights agitators like Mrs. Stanton and Miss Anthony have not had them among their followers and have not enlisted their sympathies. They have represented feminine conservatism or the prevailing feminine sentiment, and hence have kept aloof from the little band of women who have struggled for years and against so many discouragements to arouse in their sisters a desire for political privileges which would put them on an equality with men in the state.

It is true that Mrs. Jacobi, for instance, was one of the first American women to enter the regular medical profession, and that she has won much distinction in that field, but she has not been publicly associated with the women's rights agitators who have been engaged in a ceaseless fight for those privileges during the whole of her successful professional career. She began by contenting herself with resisting the prejudice, then almost universal, against "women's spheres," which opened for them other activities than those pursued in the seclusion of the home or the schoolhouse. At the time when she prepared herself for the medical profession it was a brave step for her to take, but since that day it has become a matter of course for women to engage in any honorable occupations for which they can fit themselves.

With the sole exceptions of the employments that require rude masculine strength and endurance, they are now successfully pursuing every department of business and professional industry in numbers so great that their appearance in competition with men no longer attracts attention. If a woman has the living for social or practical abilities which she wishes to exercise, public opinion finds no fault with her if she goes out into the field of industry like a man. She can do as she pleases about it, whether the occupation be trade, manufacture, a profession, the public service, the stage, the platform or any other career for which she is competent, and she suffers nothing in public or private estimation in consequence. She rather gains in esteem because of her self-reliance, and experience shows that she loses nothing of the feminine charm that is in her.

This great advantage was won by women during a period when the cause of women's rights, as represented by the mere agitators for woman suffrage, seemed to be going backward rather than making progress. Women were struggling for social rather than political rights, but now having conquered in the first field this circular looks as if they were beginning to have aspirations for equal triumph in the other. Having demonstrated their ability to compete with men in private business, they are growing confident of their ability to join with them in the management of the affairs of the state. They are not wildly agitating to accomplish their purpose by dint of vociferation, but are calmly and quietly organizing to influence the rea-

son and the justice of the coming constitutional convention. It is noticeable, too, that the headquarters of the committee of ladies who sent out the circular have been quoted as at a resort of fashion in the Fifth avenue and not in a place with which radicalism or eccentricity is associated. This indicates that the present movement expects to receive aid and impulse from social forces which hitherto have turned with indifference or revulsion from efforts to obtain woman suffrage. Therein consists its great significance.

Undoubtedly if this committee represents the sentiment of a great body of the intelligent women of the state its petition to strike from the state constitution the word "male" as a qualification for voters will not go unheeded. Whenever women generally want the suffrage and make known their want, they will obtain it.—New York Sun.

A Superstitious Bride.

As a German wedding procession was leaving the bride's house recently to go to church the dress of the heroine of the occasion caught the eye of the door, which made a big rent in it. It was quickly mended, but the heart of the bride palpitated at the evil omen. Passing through the door of the church the dress again caught on a hook, and a hole larger than the first was made. That was too much of a bad portent for the bride. She turned abruptly and would not be held back. Neither her family nor the bridegroom was able to make an impression on her. She would not run into a life of bad luck with her eyes opened, and the bereaved bridegroom had to look for another bride.—Berlin Letter.

A Rainy Day Club.

Salem pedestrians were startled one day last week to see coming down the street a procession of ladies in short skirts. It was the rainy day club out for an airing. The new fad is becoming quite popular and is unreservedly endorsed by the local papers. The skirts come within 8 to 12 inches of the ground.—Portland Oregonian.

Middle Aged Women.

Says the Hartford Courant, finishing an essay on "Middle Aged Women": "An old woman—we are all proud to be old; a young woman—we are all happy to be young. But there was a premium promised to every woman who would join the Society of Ladies of Forty-five, and that premium was never paid."

The Sash in Fashion.

The truly aesthetic woman will welcome the sashes which have appeared of late. They are worn in the back, tied in front or on the side, as they are most becoming, and are made of soft silk, satin or moire, with long ends falling almost to the bottom of the gown.—American Fashion Journal.

Mrs. Mary L. Burton, the very efficient chairman of the Amendment club at Jamestown, Kan., is the mother of eight children—seven sons and one daughter. She is a notary public and has served four years as postmaster at that place.

The common council of Newburg, N. Y., recently struck out the word "male" from the section of the city charter on qualification of electors to vote at taxpayers' special elections.

A bill to give unmarried women the parliamentary franchise on the same terms as men was recently defeated in the Nova Scotia assembly by a vote of 17 to 16.

Mrs. Lily Lord Tift of Buffalo has been appointed a member of the board of managers of the Thomas Asylum For Orphan and Destitute Indian Children.

Miss Ellen Groenendyke, an ordained minister of the United Brethren church, is preaching in Alabama in behalf of mission work.

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